

Build a Better World

CARDS OF KINDNESS

Pre-K–Grade 12

At the Skirball, our Build a Better World program invites young people to participate in service-learning projects that strengthen connections across Greater Los Angeles. In this simple at-home activity, students will do just that by crafting messages of hope and gratitude for others.

OBJECTIVE

Get creative and support the helpers and do-gooders in our community by creating and sending cards of kindness! Show your students how they can make a difference by expressing themselves through letter-writing, poetry, and the visual arts.

MATERIALS

Cards of kindness template (see below), as well as any craft materials students have on hand. For example: pens, colored pencils, old magazines, leaves and flower petals, etc.

INSTRUCTIONS

1. Select a group of people in need of kindness, hope, and support that you would like your students to connect with. For example: the doctors, nurses, and caregivers on the front lines of COVID-19, or the grocery workers and mail carriers who help make sure you and your family have all the resources you need. Whichever organization or group you wish to support, please reach out directly to coordinate.

Or, if you'd like to support medical staff at Skirball partner organization **Children's Hospital Los Angeles**, we would be happy to create a digital care package to send on your behalf. Just email your students' cards of kindness to buildabetterworld@skirball.org and we'll take it from there.

2. Talk with your students about the organization or group you've selected. Let them know about the people who will receive your students' cards and the ways they support our community. As needed, help students with their messaging.
3. Have students create their cards of kindness. Students can communicate their messages through letter-writing, poetry, and/or the visual arts. Word banks, sentence starters, and the use of visual storytelling can all be used as tools to build communication skills.
4. Share your cards of kindness! Ask students to send you digital copies of their work. Once received, send your students' cards on to your organization or group of choice (or to us at the Skirball if you've chosen Children's Hospital Los Angeles). If you choose to share your messages on social media, we'd love to see them! Tag us [@Skirball_LA](https://twitter.com/Skirball_LA).

CONNECT WITH US

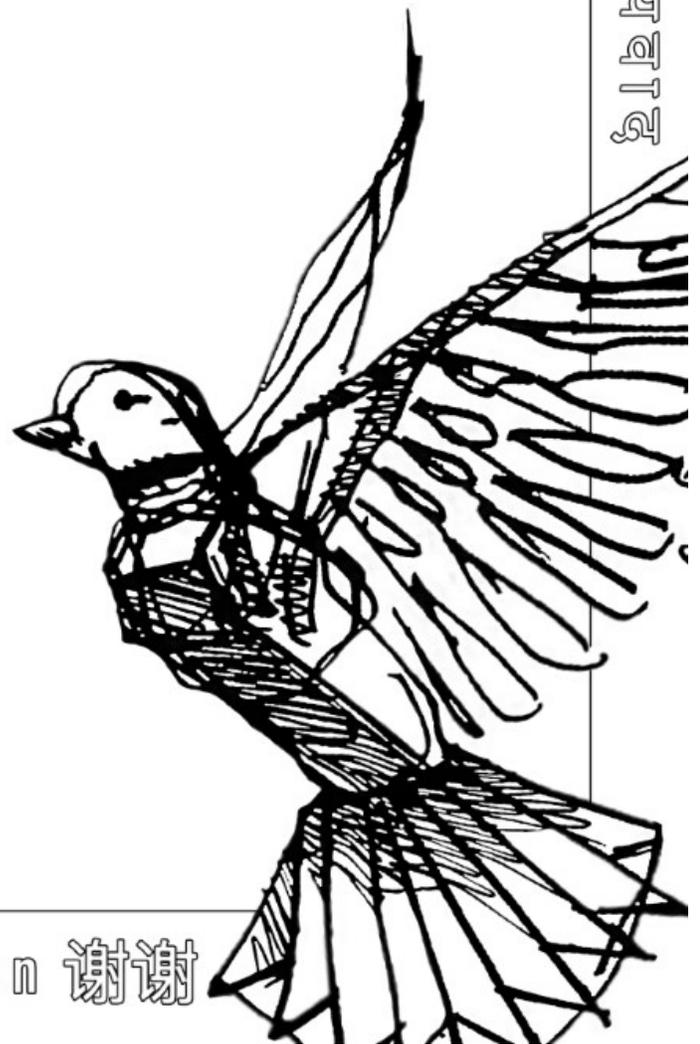
Our educators are here to help! If you would like to talk with us about how best to facilitate this activity with your students, or have ideas for how we can support your virtual classroom, please email teacherprograms@skirball.org.

GRACIAS ありがとう OBRIGADO Спасибо

THANK YOU

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