FAQ ABOUT RELAXED PERFORMANCE AND
TOURETTESHERO PRESENTS BACKSTAGE IN BISCUIT LAND

What is a relaxed performance?
A relaxed performance is just that: it’s relaxed! It’s a specially designated performance designed to accommodate a range of patrons who might not be able to comply with traditional theater etiquette. There is a relaxed attitude to noise and movement, as well as small changes to sound levels and lighting so that people of all abilities feel welcome.

Who is relaxed performance for?
Relaxed performance welcomes everyone! It is designed more specifically for those on the autism spectrum and other developmental disorders; those who make involuntary noises and movements; those with learning disabilities; and those with age-related impairments. But really it’s good for anyone who prefers a less formal theater environment.

What makes the performance “relaxed”? For example, will there be bright stage lighting? Do we need to sit in one place during the show?
The performance of Backstage in Biscuit Land by Touretteshero is called “relaxed” because the environment is relaxed. That means patrons can move around, make noise, and walk in and out of the performance space as needed. Silence and stillness are not required.

The seating plan will be unconventional, offering plenty of space for patrons to find a comfortable spot and move around. The house lights won’t be turned down too low so that everyone can move around safely.

I am familiar with performances called "sensory-friendly." Is this performance good for patrons interested in a sensory-friendly experience?
Yes, this performance should be perfectly appropriate for those who prefer a sensory-friendly experience. For example, there won’t be any bright stage lights and the house lights won’t be turned down too low. However, please note that unlike many sensory-friendly performances, which often offer lower sound levels, Backstage in Biscuit Land may feature increased talking and other noise from both the actors and audience.

Is this performance good for all ages?
The Skirball recommends this performance for ages fourteen and up.

What will the seating area be like? Will there be extra space for wheelchairs?
Backstage in Biscuit Land will be presented in the Skirball’s Ahmanson Hall ballroom. This space is not a typical theater: it does not have fixed seats or a stage. Instead, the performance will take place on the ballroom floor, with chairs placed around the area where the actors will
perform. Some chairs will be placed on risers. There will also be plenty of open space for patrons who use wheelchairs or prefer to sit on the floor.

**Will there be ASL interpretation?**
Yes, the Skirball is pleased to feature ASL interpretation for these performances.

**Is talking or moving around allowed?**
Certainly! Everyone is welcome to talk or move around as much as needed during the performance.

**If sitting through the whole performance is difficult, is there a place where we can go to take a break? May we return to the performance after we take a break?**
Yes, there will be a designated space in which patrons can take a break if needed. Patrons are welcome to enter and exit the performance space at any time.

**Is there a way to familiarize ourselves with the theater work and the performance venue ahead of time?**
Touretteshero has kindly provided a visual story for *Backstage in Biscuit Land*. Feel free to review it prior to the performance date.

**How long is the performance?**
Each performance will run approximately 60–75 minutes.

**Will there be food and drink available for purchase? May we bring it into the performance space?**
Salads, sandwiches, and other light fare, as well as beverages, will be available for purchase prior to the performance in the foyer leading to the performance space. And yes, food and drink may be brought inside the performance space.